

Training	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Beginner & Intermediate Classes						8:00am - 10:00am	
Advanced Men's Class						7:00am - 10:00am	
Advanced Women's Class						11:30am - 2:30pm	
Sunset Sessions		6:30pm start		6:30pm start			
Republica		6:00pm start	6:00pm start	6:00pm start			
Off-season	<p align="center">April - September</p> <p align="center"><i>Vic Beach Facebook group always has the most up-to-date information on off-season training as this is more subject to adverse Melbourne weather.</i></p> <p align="center"><i>https://www.facebook.com/groups/vicbeachvolleyball/</i></p>					7:00am - 2:30pm	

